



February 18, 2022

Dear Caledonia Community Schools parents and guardians,

We hope you're staying safe and healthy during this time. We're writing today to let you know about an upcoming opportunity to learn and engage in an important discussion with our CCS community and our students.

On Tuesday, March 29, CCS will be hosting a virtual, facilitated discussion about "Childhood 2.0," a documentary film released in 2020. This film examines some of the real-life issues facing kids today — including cyberbullying, online predators, suicidal ideation, and more.

As COVID-19 constrains us indoors and we're spending more time online, we believe it's important for our students to gain a better understanding of how social media platforms work and how they might be impacting our thinking, our emotions, and our relationships. Now more than ever, it is essential for students and families to learn strategies for caring for the mind and body in this digital age. We believe this is a critical discussion to have as a school community.

Please plan to join us via [Zoom](#) on Tuesday, March 29, from 7:00 - 8:00 pm as we host a facilitated discussion with local panelists including:

- CHS Students
- Catherine Schmidt from Yoga Zen
- Representative from Bark
- Mental Health Expert (TBD)
- Mr. Chris McKenna, Founder of Protect Young Eyes

We are encouraging families to watch the documentary together over the upcoming mid-winter break (February 24-27) or some time ahead of our facilitated discussion. Participants will have the opportunity to pose questions for our expert panel during the event. We look forward to engaging with you and your family about this important topic!

Sincerely,

Dr. Dedrick Martin, Superintendent  
Wendy Dubuisson, Director of Special Programs  
Katie Dorband, Student Supports Coordinator